

Application for Appointment to Board, Commission, Committee, Task Force or Position

Applicants appointed by the Board of Supervisors will be required to take an oath of office. All applications will be kept on file for one year from the date of application.

Public Records Act

Applications are public records that are subject to disclosure under the California Public Records Act. Information provided by the applicant is not regarded as confidential except for the addresses and phone numbers of references and the applicant's personal information including home and work addresses, phone numbers and email address.

Form 700 Conflict of Interest Code

[California Fair Political Practices Website](#)

Please note that appointees may be required by state law and county conflict of interest code to file financial disclosure statements.

Which Boards would you like to apply for?

Napa County Napa County Commission on Aging: Submitted

Category of Membership for Which You Are Applying

Commissioner

Profile

Tessa _____ Lorraine _____
First Name Middle Initial Last Name

Email Address

Home Address Suite or Apt

Napa _____ CA _____ 94559
City State Postal Code

Which supervisorial district do you reside in? *

District 1

To find your supervisorial district go to <https://www.countyofnapa.org/2051/Find-my-supervisor-and-district> and enter your address.

Primary Phone

Watermark Communities - Napa

Employer

Concierge Associate

Job Title

Concierge, front desk

Occupation

Education/Experience

Master of Arts degree, Gerontology, San Francisco State University, 1998 Commissioner, Vice-Chair, Adult and Aging Commission, Sacramento County

Name and occupation of spouse within the last 12 months, if married. (For conflict of Interest purposes)

Tessa Lorraine

Resume

[currentcv.doc](#)

Upload a Resume

Letter of Recommendation or Supplemental Attachments

Professional or occupational license, date of issue, and expiration including status

References: Provide names and phone numbers of 3 individuals who are familiar with your background.

1. Joelle Gallagher: [REDACTED] 2. Crissy Jeffries: [REDACTED] 3. Gregory Petroski: [REDACTED]

Community Participation

Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute.

I am new to Napa and am committed to building community. When moving to any new place, I start looking for ways to enrich my experience with and for the community. Upon moving to Napa, I serendipitously met a neighbor walking her dog. She invited me to meet a candidate running for Supervisor. I met Joelle Gallagher and immediately signed up to help out. This was the spark that drew me into seeing how else I could serve. With my background in Gerontology and years serving the aging community, the Aging Commission is the natural place for me lend my energy to my new home.

Nature of activity and community location

I volunteered for Joelle Gallagher's Supervisor campaign in District 1. I assisted in preparing campaign materials and walking precincts within weeks of moving to Napa. My home is near Fuller Park. It was a natural fit. My previous experience in Sacramento County with the Adult and Aging Commission covered the entire county, including rural areas and underserved communities.

Tessa Lorraine

Other County Board/Commission/Committee on Which You Serve/Have Served

I have a Master's degree in Gerontology, a dedication to civic duty and experience addressing a wide range of aging issues. I served Sacramento County's Older Adult and Aging Commission for 4 years, with a one-year term as Vice Chair. We were charged with reporting to the Board of Supervisors on senior services in the county. I chaired Program Review and Development Committee examining healthy aging programs and making recommendations to fill gaps in services. I am confident I would be an asset in advancing Napa County's mission in aging services.

Public Actions that may impact Credit Rating (List all court or other public administration actions impacting your credit rating within the past ten (10) years)

n/a

Electronic Signature Agreement

I meet the criteria required to serve in this position.

Yes No

I declare under penalty of perjury that the foregoing is true and correct.

Yes No

Please Agree with the Following Statement

By checking the "I agree" box below, you agree and acknowledge that 1) your application will not be signed in the sense of a traditional paper document, 2) by signing in this alternate manner, you authorize your electronic signature to be valid and binding upon you to the same force and effect as a handwritten signature, and 3) you may still be required to provide a traditional signature at a later date.

I Agree

Electronic Signature (First M. Last)

Tessa Lorraine

Date

February 18th, 2023

Tessa Lorraine, M.A.

EDUCATION:

San Francisco State University, Master of Arts in Gerontology, December 1998
University of San Francisco, Bachelor of Arts in Psychology, December 1994

PROFESSIONAL EXPERIENCE:

2003 to 2007

Freelance Writer/Editor

- Writer, *The Aging Sage*
- Contributing Writer on Aging Issues, *FolsomStyle Magazine*
- Editor, *Scully Associates*

July 2001 to September 2009

Practice Manager (part time)

- Responsible for financial operations of specialty dental practice
- Liaised with accountants, pension administrators and others on daily business operations
- Managed marketing strategies to increase production

July 2001 to 2002

Healthy Aging Strategist, *GeroHealth*

- Contracted for health promotion and disease prevention program analysis
- Responsible for research, evaluation, and strategic planning on specified projects
- Expertise in healthy aging programming and research

June 2000 to June 2001

Program Manager, *University of California Irvine, Program in Geriatrics*

- Coordinated multidisciplinary team of elder abuse experts
- Developed team protocols in response to reports of abuse by aging service agencies of Orange County
- Established administrative systems to ensure program continuity and service delivery
- Charged with writing, editing and publishing program newsletter for statewide distribution
- Managed development of Program in Geriatrics website including, content and design
- Authored winning grant proposal to host national conference on medical aspects of elder abuse
- Assisted United States Department of Justice in selection and research of presenters for an elder abuse symposium presented to officials in the Department of Health and Human Services

July 1999 to June 2000

Gerontologist, Long Beach Department of Health and Human Services

- Assessed available senior preventive health services in Long Beach
- Evaluated existing Health Department senior health services
- Instrumental in creating partnership with Parks and Recreation Department to develop a comprehensive, coordinated senior services program
- Recommended development of a senior wellness program to be used in the citywide strategic planning process, including comprehensive/coordinated health promotion services
- Served on national review process committee to develop a strategic planning tool for community health

January 1998 to June 1999

Program Developer, WEALTH (Wellness Education And Long Term Health)

- Consulted and served on committee to design and implement health promotion and disease prevention program for Placer County
- Conducted in-depth analysis of statewide health promotion/wellness programs
- Developed collaborations with area health and human services agencies
- Researched funding opportunities
- Recruited Executive Committee members
- Secured participation from area hospitals and physician's groups

COMMITTEES, PUBLICATIONS AND PRESENTATIONS:

2008 Media Chair, Sacramento for Obama

2007-08 Communications Chair, Democratic Party of Sacramento County

2005-09 President, Folsom Democratic Club

2004 Vice Chair, Sacramento County Board of Supervisors Adult and Aging Commission

2004 Chair, Program Review and Development Committee, Sacramento County Board of Supervisors Adult and Aging Commission

2004-07 Feature writer on aging issues for Folsom Style Magazine

2003-06 Served on American Cancer Society's Relay For Life planning committee, charged with all aspects of event fundraising and sponsorship

2002 Board member, Leslie B. Hadfy Scholarship Fund, University of California, Davis

2002 Served a four-year term for the Sacramento County Adult and Aging Commission: Appointed by Sacramento County Board of Supervisors

2002 Participated in "*Leadership Folsom*", a professional development course offered by the City of Folsom Chamber of Commerce to select members of the community

- 2002 Served as Committee Member of the California State University, Sacramento Life Center: *Fall Risk Reduction* program
- 2002 Authored *Health Promotion and Disease Prevention: Understanding the role of CPRS in Providing Services* for statewide Parks and Recreation professional publication
- 2001 Served as Committee Member for the Sacramento Regional “*Healthy Aging Summit*”
- 2001 Presented lecture “*Healthy Aging: What Is It and Where Do I Sign Up?*” to Orange County seniors
- 2000 Authored *Health Promotion and Disease Prevention: Dulling the Sound of the “Boom”* for Emeritae, a University of California Irvine publication
- 2000 Co-authored winning abstract for *American Public Health Association Annual Conference* on short-term care management program *Senior Links*
- 2000 Co-hosted Long Beach cable access television program *Boomers and More*. Discussed the Department of Health and Human Services’ Healthy People 2010 guidelines and the national health promotion agenda for the aged.
- 1999 Appeared on local Sacramento radio talk show *Time for Seniors*. Discussed importance of health promotion and disease prevention for Sacramento’s aging population.
- 1998 Presented symposium at the *California Council on Gerontology and Geriatrics* conference on establishment of an intergenerational volunteer program for San Francisco RCFEs

SOCIETY MEMBERSHIP:

American Society on Aging
National Council on Aging
Sigma Phi Omega, National Gerontology Honor Society

SKILLS:

- Superior communication and interpersonal skills
- Proven leadership in academic, corporate and government settings
- Proactive, hardworking team player
- Excellent time management and organizational skills
- Forward thinking with an emphasis on long term goals
- Computer proficiency, including, MS Word, Excel, Access and Internet