

Proclamation

BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

Mental Health Awareness Month – May 2023

WHEREAS, each May we raise awareness about the importance of mental health and its impact on the well-being of all members of the Napa County community, including children, adults, and families; and

WHEREAS, mental health challenges are one of the most common health conditions in California, affecting at least one in five adults and children, impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenges; and

WHEREAS, early identification and treatment can make a difference in the lives of millions of adults and youth who suffer from mental illness, and can lead to recovery; and

WHEREAS, people often face stigma related to mental health challenges and may feel isolated and alone, some go years before receiving help, and thus greater public awareness about mental health can change attitudes and behaviors; and

WHEREAS, it is critical that we create a community in Napa County wherein everyone feels comfortable seeking support and prioritizing their mental health and well-being; and

WHEREAS, a holistic approach that includes prevention, early intervention, and comprehensive services is an effective way to meet the needs of individuals at-risk of, or who have been diagnosed with, a mental illness; and

WHEREAS, we support the shared vision of a community in which anyone affected by mental illness can get the support and care they need to live a fulfilling life; and

WHEREAS, we encourage friends, relatives, neighbors, and all people in our community to learn the signs, support those who are struggling, and assist them in seeking services available.

NOW, THEREFORE, BE IT PROCLAIMED, that this Board of Supervisors, County of Napa, State of California, on this 2nd day of May 2023, does hereby proclaim **May 2023 is Mental Health Awareness Month** in Napa County. We call upon all members of the community, private businesses, non-profit groups, clubs, and associations, to be an ally for individuals with mental illness and take action to strengthen the mental health of our community. Above all, let us collectively ensure that all children and adults experiencing mental health challenges are treated with the compassion, respect, and understanding they deserve.

Chair, Belia Ramos

Vice Chair, Joelle Gallagher

Ryan Gregory, District 2

Anne Cottrell, District 3

Alfredo Pedroza, District 4

NAPA COUNTY BOARD OF SUPERVISORS

