



A Tradition of Stewardship  
A Commitment to Service

September 19, 2025

County Executive Office

1195 Third Street, Suite 310  
Napa, CA 94559  
[www.countyofnapa.org](http://www.countyofnapa.org)

Main: (707) 253-4580

**Neha Hoskins**  
Clerk of the Board

Karen F. Lustig

Napa, CA 94558

Re: **Napa County Commission on Aging**

Dear Karen:

You have been a valued member of the **Napa County Commission on Aging** representing District 4. The term of your position will expire September 30, 2025. If you wish to request reappointment for another 2-year term, please check the following box:

☒ Yes, I would like my name, this letter and application forwarded to the Board of Supervisors for possible reappointment to the **Napa County Commission on Aging** for the term commencing immediately and expiring September 30, 2027.

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If you have chosen to request reappointment, please check one of the two boxes below regarding your last application.

☒ I confirm that all the information on my last application is current.

☐ Some of the information on my last application is no longer current or is five (5) years old or older. I will submit a new or revised application.

(To complete a new application form either contact the Napa County Executive Office or go to the following link to complete your application online:

<https://www.countyofnapa.org/1420/Committees-Commissions>

After checking the appropriate box, **sign and date on the lines below and return this letter to the County Executive Office by mail, email, or fax.**

Karen Lustig  
SIGNATURE

9-24-2025  
DATE

Application for Appointment to Board, Commission, Committee, Task Force or Position

Applicants appointed by the Board of Supervisors will be required to take an oath of office. All applications will be kept on file for one year from the date of application.

Public Records Act

Applications are public records that are subject to disclosure under the California Public Records Act. Information provided by the applicant is not regarded as confidential except for the addresses and phone numbers of references and the applicant's personal information including home and work addresses, phone numbers and email address.

Form 700 Conflict of Interest Code  
[California Fair Political Practices Website](#)

Please note that appointees may be required by state law and county conflict of interest code to file financial disclosure statements.

Which Boards would you like to apply for?

Napa County Commission on Aging: Submitted

Category of Membership for Which You Are Applying

District 4 member - allowing for exception of living out of District

Profile

Karen F. Lu  
First Name Middle Initial Last Name

[Redacted] Email Address

[Redacted] Home Address Suite or Apt

Napa CA 95448  
City State Postal Code

Which supervisorial district do you reside in? \*

☒ District 2

To find your supervisorial district go to <https://www.countyofnapa.org/2051/Find-my-supervisor-and-district> and enter your address.

[Redacted] Primary Phone

Providence Community  
Health Foundation Napa  
Valley

Employer

Social Worker

Job Title

Information & Assistance  
program, focus on Up  
Valley

Occupation

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## Education/Experience

B.A. in Social Anthropology from Pomona College M.S.W. from University of Southern California, Concentration in Community Organization and Program Administration and Sub-Concentration in Working with Older Adults M.A. from Hebrew Union College in Jewish Communal Service

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## Name and occupation of spouse within the last 12 months, if married. (For conflict of Interest purposes)

Gordon Lustig, self-employed musician and Music Director of Congregation Beth Shalom

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## Resume

[Karen Lustig\\_resume.docx](#)

Upload a Resume

[Letter\\_of\\_Recommendation\\_for\\_Commission.docx](#)

Letter of Recommendation or Supplemental  
Attachments

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## Professional or occupational license, date of issue, and expiration including status

No licenses

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## References: Provide names and phone numbers of 3 individuals who are familiar with your background.

Celine Regalia, [REDACTED] Tiffanie Walker, [REDACTED] or [REDACTED] Antonette Cunanan, [REDACTED]

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## Community Participation

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### Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute.

I would be interested in being an advocate for helping to address senior issues that I and other Information and Assistance staff find in our work up and down Napa Valley. I am interested in hearing and learning more about the policies that affect seniors' lives, so I then help seniors advocate for themselves.

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## Nature of activity and community location

My work activity and location is up and down the valley-- I have a base at Providence Community Health at 414 S. Jefferson Street in Napa. I use office space once a week at each of the following agencies and school: Parks and Recreation in Yountville, Rianda House in St. Helena, Up Valley Family Centers in Calistoga, and P.U.C. in Angwin. My population served are individuals 60 years and older, their families, and the disabled. I offer consultation about community resources, follow-up on efficacy of referrals, and light case management.

**Other County Board/Commission/Committee on Which You Serve/Have Served**

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When I was the Program Director of Aldea's Supported Living Services program, I was a member of the Napa Valley Committee on Disabilities, a sub-committee of the Napa Valley Coalition of Nonprofit Agencies, and the Housing Committee.

**Public Actions that may impact Credit Rating (List all court or other public administration actions impacting your credit rating within the past ten (10) years)**

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None

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**Electronic Signature Agreement**

**I meet the criteria required to serve in this position.**

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☒ Yes ☐ No

**I declare under penalty of perjury that the foregoing is true and correct.**

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☒ Yes ☐ No

**Please Agree with the Following Statement**

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**By checking the "I agree" box below, you agree and acknowledge that 1) your application will not be signed in the sense of a traditional paper document, 2) by signing in this alternate manner, you authorize your electronic signature to be valid and binding upon you to the same force and effect as a handwritten signature, and 3) you may still be required to provide a traditional signature at a later date.**

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☒ I Agree

**Electronic Signature (First M. Last)**

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Karen F. Lustig

**Date**

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7/30/24

# KAREN FOLKMAN LUSTIG

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## PROFESSIONAL PROFILE

An experienced manager of social services programs with excellent qualifications in strategies, customer relations, project management, communications and collaboration. I value active listening and comprehensive communication, investing in the growth of my staff and clients, and making short and long-term goals that work creatively to meet these needs. I am viewed as a supportive and fair manager and take my oversight responsibilities seriously and equitably.

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## PROFESSIONAL EXPERIENCE

Providence Community Health Foundation Napa Valley, Napa, CA 7/23 - present

### **Social Worker – Information & Assistance**

Community navigator for adults sixty years old and older and the disabled of all ages, as well as their families; provide support and help ensure that appropriate services get connected; educate about community resources; and provide upvalley nonprofit partners with the resources their constituents need to age in place.

Aldea Children & Family Services Fairfield, CA 7/2019 – 5/2023

### **Social Work Supervisor – Treatment Foster Care and Adoptions**

Worked collaboratively with the TFC supervisors and Program Director to provide leadership and guidance to all other staff in order to have trained and compliant resource homes ready to support foster youth to be as successful as possible; supervised up to six Social Workers, Case Managers approvals staff and social work Interns; managed the approvals process of recruiting, training, evaluating and certifying new resource parents; provided trainings for individual new staff, staff in services, new resource parents, and for the community; reviewed reports, assessments and SIR's, as well as participated in treatment team meetings for all of their clients.

- + Provided Crisis Intervention services to foster children, biological families, and resource families, as needed; participated in the weekly on-call rotation; at times, provided clinical case management- contact, at a minimum one time bi-weekly in the home, with foster children and resource families.
- + Supervised resource families and resource homes to monitor compliance with state regulations and accreditation standards.
- + Assisted in the placement of foster children
- + Developed and maintained county and community relationships, including attendance at community meetings and participated in appropriate committees, representing both program and agency as directed by the Program Director

Aldea Children & Family Services Napa, CA 7/2002 – 7/2019

### **Program Director - Intellectual and Developmental Disability Services**

Fostered the management of the program while promoting collaborative working relationships among staff, clients, community partners and the entire community; identified and monitored outcomes for client services; monitored and managed creation and implementation of all client Individual Service Plans; supervised 6 direct reports with supervision of 20+ employees; ensured

professional soundness of services offered through ongoing monitoring and evaluation of all program staff through hiring, development and performance management.

- + Scheduled and developed staff hours; developed and provided staff training
- + Provided direction and oversight on structure of services and reimbursements for all contracts and managed delivery of services to meet contractual performance and fiscal commitments
- + Ensured all required records met compliance standards and were maintained securely
- + Participated in Performance and Quality Improvement processes; worked to improve client services according to changing client needs
- + Ensured program met agreed upon budgets; developed policies and procedures
- + Created and maintained relationships with collateral agencies, active memberships in community Committees whose work affected clientele
- + Conducted Intake, Referral and Assessments

Jewish Family Services of Los Angeles North Hollywood, CA

3/2001 – 6/2002

**Acting Program Manager - Linkages Program**

- + Managed a caseload of approximately 50 disabled adults and frail elderly living in the community
- + Represented Program Manager during her six-month leave providing oversight of documentation and reporting requirements, gathering of statistical data and preparation of reports for funding sources and overall day-to-day operations; off-site duties included monitoring of caseloads and contracting compliance with three Multiservice Senior Centers, assessing cases for eligibility and training of contractors to meet program requirements

Jewish Family Services of Los Angeles North Hollywood, CA

3/1999 - 2/2001

**Casework Supervisor - Protective Services Program**

- + Provided supervision for eight staff members
- + Managed a small caseload of conservatorship, money management, case management, and Durable Power of Attorney for Health Care clients
- + Conducted intake assessments
- + Represented program in Probate and LSP court
- + Created and implemented program policy

Jewish Home for the Aging of Greater Los Angeles Reseda, CA

5/1992 - 2/1999

**Social Worker / Medical Social Worker**

Skilled Nursing and Residential Care setting - Provided case management to frail and well elderly within a multi-disciplinary team

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**EDUCATION**

University of Southern California May 1992

**Master of Social Work - Community Organization and Planning Administration**

Sub-concentration - Working with Older Adults

Hebrew Union College - Jewish Institute of Religion May 1992

**Master of Arts - Jewish Communal Service**

Pomona College May 1988

K. F. Lustig

**Bachelor of Arts – Anthropology**

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**COMPUTER EXPERTISE**

Microsoft Office: Excel / Windows / ADP / Paychex. Power Point. Zoom and Teams

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**RELATED TALENTS:** Art – graphics

From: **Tessa Lorraine** <[tessa@riandahouse.org](mailto:tessa@riandahouse.org)>

Date: Tue, Jul 16, 2024 at 2:52 PM

Subject: Letter of Recommendation

[REDACTED]

Hi Mary,

Please see letter of recommendation below for Karen Lustig.

Dear Fellow Commissioners,

It is my pleasure to recommend Karen Lustig, MSW to serve on the Napa County Aging Commission.

Karen is a dedicated Master's level social worker with an emphasis in Gerontology from USC. She has over 25 years experience in social work. Through her work with Providence Community Health she leads Information and Assistance for seniors throughout Napa County. Starting her career in Southern California, she practiced case management for the Linkages program, Aldea, and Jewish Family Services.

My work with Karen began earlier this year with Rianda House. She is thoughtful, attentive and funny (tell me we couldn't use more laughter :). Please consider Karen for an appointment to the Aging Commission.

Thanking you in advance for your consideration.

Kindly,

Tessa

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Tessa Lorraine

Program Manager

Rianda House

1475 Main Street

St. Helena, CA 94574

707.963.8555 ext, 103