

Suicide Prevention Month – September 2025

WHEREAS, September is recognized nationwide as **Suicide Prevention Month**—a time when mental health advocates, survivors, prevention organizations, allies, and communities come together to raise awareness, foster hope, and advance efforts to prevent suicide and support those impacted; and

WHEREAS, the Napa County Suicide Prevention Council (NCSPC) is a public/private collaborative of people and organizations dedicated to reducing stigma surrounding suicide. The Council supports those who have lost loved ones to suicide, identifies and advocates for resources and promotes a safe, connected, and resilient community dedicated to reducing the risk of suicide; and

WHEREAS, over the last eight years, NCSPC has worked tirelessly to reach their vision of a suicide-free community through education and training, stigma reduction, linkage to services, and provision of resources to combat suicide; and

WHEREAS, according to the most recent data from 2021-2023, California’s suicide rate was 10.8 deaths per 100,000 residents, while Napa County’s rate was 11.0 deaths per 100,000—placing Napa County above the state average; and

WHEREAS, is it important to understand the harsh reality that exists surrounding this crisis. In FY 24–25, law enforcement personnel responded to more than 280 suicide-related calls, while the Napa County Health & Human Services Mobile Response Team (MRT) answered 245 such calls; and

WHEREAS, in FY 24-25, the NCSPC trained 635 community members in the Question, Persuade, Refer (QPR) model of suicide prevention to help prevent suicides; and

WHEREAS, in FY 23-24, the NCSPC advanced its three-year Strategic Plan for Suicide Prevention, addressing community priorities, recognizing accomplishments and identifying ongoing needs; and

WHEREAS, in partnership with Napa County Health and Human Services Agency, the NCSPC will host its second annual suicide prevention conference, this year entitled *Beyond Awareness: Allies in Action for Suicide Prevention*, on Wednesday, September 17, 2025 at the Yountville Community Center; and

WHEREAS, every Napa County resident can be an ally by knowing the signs of suicide, finding the words to communicate with someone they are concerned about, and reaching out to local resources for help.

NOW, THEREFORE, BE IT PROCLAIMED, that this Board of Supervisors, County of Napa, State of California, on this 9th day of September 2025, does hereby recognize **September 2025** as **Suicide Prevention Month** in Napa County, and in doing so, we call upon all residents to join in fostering mental health, offering compassion and support to those in need, and working together toward the shared goal of reducing suicides and building a healthier, more resilient community.

Anne Cottrell, Chair

Amber Manfree, Vice Chair

Joelle Gallagher, District 1

Liz Alessio, District 2

Belia Ramos, District 5