



A Tradition of Stewardship
A Commitment to Service

County Executive Office

1195 Third Street, Suite 310
Napa, CA 94559
www.napacounty.gov

Main: (707) 253-4580

Neha Hoskins
Clerk of the Board

December 15, 2025

Patricia Sullivan

[Redacted]
Napa, CA 94558
[Redacted]

Re: **Napa County Behavioral Health Board**

Dear Patricia:

You have been a valued Member of the Napa County Behavioral Health Board representing **Consumer**. The term of your position expires on January 1, 2026. If you wish to request reappointment for another 3-year term, please check the following box:

Yes, I would like my name, this letter and application forwarded to the Board of Supervisors for possible reappointment to the Napa County Behavioral Health Board for the term commencing immediately and expiring January 1, 2029.

If you have chosen to request reappointment, please check **one** of the two boxes below regarding your last application:

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- I confirm that all the information on my last application is current.
- Some of the information on my last application is no longer current or is five (5) years old or older. I will submit a new or revised application.

To complete a new application form either contact the Napa County Executive Office or go to the following link to complete your application online:

[Boards, Committees & Commissions | Napa County, CA](#)

After checking the appropriate box, **sign and date on the lines below and return this letter to the County Executive Office by mail or email.**

Patricia A. Sullivan
SIGNATURE

January 7, 2026
DATE

Application for Appointment to Board, Commission, Committee, Task Force or Position

Applicants appointed by the Board of Supervisors will be required to take an oath of office. All applications will be kept on file for one year from the date of application.

Public Records Act

Applications are public records that are subject to disclosure under the California Public Records Act. Information provided by the applicant is not regarded as confidential except for the addresses and phone numbers of references and the applicant's personal information including home and work addresses, phone numbers and email address.

Form 700 Conflict of Interest Code

[California Fair Political Practices Website](#)

Please note that appointees may be required by state law and county conflict of interest code to file financial disclosure statements.

Which Boards would you like to apply for?

Napa County Behavioral Health Board: Submitted

Category of Membership for Which You Are Applying

Consumer

Profile

Patricia

First Name

Sullivan

Last Name

Middle
Initial

Email Address

Home Address

Suite or Apt

Napa

City

CA

State

94559

Postal Code

Which supervisorial district do you reside in? *

District 1

To find your supervisorial district go to <https://www.countyofnapa.org/1334/About-the-Board>, click on "Look Up My District" and enter your address.

Primary Phone

Patricia Sullivan

CARES

Employer

Representative

Job Title

Advocate, Services
Coordinator at Disability
Services & Legal Center

Occupation

Education/Experience

Bachelor of Science at Nova Southeastern University in Hospitality Management

Name and occupation of spouse within the last 12 months, if married. (For conflict of Interest purposes)

N/A

Resume

[Resume_Sullivan_App_CLEAN_12.14.2020.pdf](#)

Upload a Resume

Letter of Recommendation or Supplemental Attachments

Professional or occupational license, date of issue, and expiration including status

N/A

References: Provide names and phone numbers of 3 individuals who are familiar with your background.

Veronna Ladd:

Joycelyn Maguire:

John Wagner:

Community Participation

Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute.

As a consumer & a peer advisor of mental health, as well as an employee of Disability Services & Legal Center, where a significant number of our consumers have mental health concerns; I am a strong proponent of reducing stigma concerning mental health and increasing the quality and availability of care. I have had the somewhat unique opportunity to see how the mental health care systems work in New York, Florida and California. There is considerable variation on how mental health care is treated in each of these three States. I am well aware of the difficulties faced by people with mental health diagnoses: financially, in getting a desired education or trade, obtaining meaningful work, acquiring affordable housing, building a quality social network with friends and family and securing quality mental health care. I have worked to assist others for over four years at Disability Services & Legal Center in Napa. Assisting consumers navigate through the complexities of the Social Security Administration in order to obtain or maintain benefits, because of their mental health and/or physical disabilities. As part of my work at DSLC, I have also assisted consumers with locating and maintaining affordable housing, helped consumers with paperwork for applications for Share the Care of Napa Valley, Season of Sharing and other grants for which consumers may apply for dental care, deposits on housing and moving expenses, home modification, assistive technology, including long term loans of computers so consumers are able to access the internet for information and resources. There are also PG&E's back up battery program for those with medical devices, and government programs such as CalABLE and CalFresh. DSLC also runs an information and referral service so if we aren't able to assist a consumer we refer them to an agency that is able to assist them. Over the years, I have gone to Sacramento and Washington D.C. on behalf of agencies and in the company of other consumers to encourage legislators to commit to working on behalf of people with disabilities. I now wish to join the Napa County Board of Mental Health. I hope to be able to serve the Board by listening, learning, and thoughtfully contributing my opinion based on the information I will learn and the information I have learned so far. Thank you for your consideration.

Nature of activity and community location

Collabria Care & Hospice Volunteer, AmeriCorps Literacy Volunteer at Snow Elementary School in Napa,CA, Healthy Aging Population Initiative, Napa Valley Alliance on Aging, Community Organizations Active in Disaster, Toastmasters

Other County Board/Commission/Committee on Which You Serve/Have Served

The Comprehensive Psychiatric Emergency Program of New York State for Monroe County, Napa Valley Community Housing - Member of the Board of Directors, Disability Support Programs and Services for Napa Valley College - Advisory Committee, Disability Committee,

Public Actions that may impact Credit Rating (List all court or other public administration actions impacting your credit rating within the past ten (10) years)

N/A

Electronic Signature Agreement

I meet the criteria required to serve in this position.

Yes No

I declare under penalty of perjury that the foregoing is true and correct.

Yes No

Please Agree with the Following Statement

By checking the "I agree" box below, you agree and acknowledge that 1) your application will not be signed in the sense of a traditional paper document, 2) by signing in this alternate manner, you authorize your electronic signature to be valid and binding upon you to the same force and effect as a handwritten signature, and 3) you may still be required to provide a traditional signature at a later date.

I Agree

Electronic Signature (First M. Last)

Patricia Ann Sullivan

Date

01/07/2026

Relevant Career Highlights

- Presenter for Disability Services & Legal Center regarding CalABLE (California's Achieving a Better Life Experience)
- Co-Facilitator for Traumatic Brain Injury Support Group
- Certified in QPR Suicide Prevention Gatekeeper Program
- Certified in Suscol Intertribal Council's "Native American Historical Trauma and Traditional Healing Project"
- Three and ½ years as an active board member of the CPEP of New York State (Comprehensive Psychiatric Emergency Program). Board members included: mobile crisis, children's mental health, developmental disabled-co-occurring mental health, psychiatric professionals and community/consumer participants.
- Trained as peer advisor in NY. Worked as peer advisor in hospital setting and sheltered workshop.
- Participated in a group of outpatient peers to provide supports and education to inpatients at Rochester Psychiatric Center.
- Consumer participant in IPRT (intensive psychiatric rehabilitative treatment funded by Medicaid) to develop skills in areas of housing, socialization, vocational and education.
- Participated in both student and team leader positions in Life Results to develop personal and professional growth and leadership. Completed all three levels including: team building, team leadership, and intensive personal challenges such as rock climbing and repelling.

Ability to relate and communicate effectively with people

- Extensive experience working with groups, community members, providing educational and informative materials to the community, family members and governing agencies.
- Extensive experience with understanding and enforcing policies, procedures, confidentiality and HIPPA.
- Extensive experience practicing unconditional positive regard.
- Conversational in French. Eager to participate in the beginning conversational Spanish class and other county trainings as appropriate.
- Successfully managed a fund raiser for the Rochester T'ai Chi Ch'uan Center raising approx. \$1,000
- Appointed by New York State Commissioner of Motor Vehicles to: The Governor's Youth Traffic Safety Council responsible for an eight - county region. Planned, organized and facilitated a statewide meeting of council members
- Actively facilitated weekly regional meetings and participated in quarterly statewide meetings

Areas of Expertise

Supervision: purchased and maintained food, beverage inventory for a 660 - room luxury hotel with food sales of \$800,000 annually, supervised two inventory handlers. supervised, trained and led groups of up to five participants in The Life Results Personal and Professional Development and Leadership program in Rochester NY.

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Sales: wine salesperson responsible for Territory, which included southern half of Palm Beach County and northern parts of Broward County Florida, including all restaurants, country clubs and liquor stores; Managed office book store including sales of clothing, shoes, jewelry, books and DVD's.

Customer Service: designed wine list recommendations, suggested food and wine pairings, created table tents for featured wines and conducted tastings of wines at customers establishments; registered and assisted students in choosing the right classes for their personal needs

Technology: Microsoft Office, Point of Sale

Work History

Disability Services & Legal Center	CARES Program Representative	5/20-present
The CARES Act (Coronavirus Aid, Relief and Economic Security Act) – provides persons with disabilities in Napa, Mendocino, Lake and Sonoma Counties affected by Covid-19 economic relief		
Disability Services & Legal Center	Independent Living Advocate	9/16-5/20
AmeriCorps	Literacy Tutor – Volunteer with Stipend	9/14-6/15
Collabria Care & Hospice	Horticulture Therapy, Hospice & Special Events Volunteer	11/13-present
Party Staff	Banquet Services	5/12-8/12
The Rochester T'ai Chi Ch'uan Center	- Registrar -Volunteer	1/05-9/10
Brighton Central School District	Teaching Assistant	1/08-6/10
Newbury Park Pastries	Baker	4/06-1/07
House of Mercy/Corpus Christi	Teaching Assistant-Summer Youth Project Volunteer	6/03-9/03
St. Monica's School	Teaching Assistant Volunteer	12/02-6/03
Regional Center for Independent Living	- Teaching Assistant Volunteer	9/00-5/01
The Villager Beach Club Hotel	Assistant Manager	7/93-7/94
Oak Hill Country Club	Garde Manger/ Appetizer Chef	10/91-7/92
Jean Claude Boisset Wines USA Inc.	Wine Consultant/ Sales Representative	11/90-6/91
Marriott Airport Hotel	Purchasing Agent	4/90-11/90
Marriott's Desert Springs Spa & Resort	- Roundsman/ Extended Externship	3/88-3/89

Education / Training

The Culinary Institute of America Certified	- Accelerated Wine and Beverage Program	5/11
Nova Southeastern University	Bachelor of Science, Hospitality Management	12/93
The Culinary Institute of America	Associate in Occupational Studies, Culinary Arts	4/90
University of California, Santa Cruz	History and Economics of Food in Europe	9/79-6/86

Boards and Committees

Napa Valley Community Housing	- Member of the Executive Board of Directors	2/19 – present
Disability Committee		10/16 – 5/20

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DSPS NVC (Disability Support Programs and Services for Napa Valley College)	
Advisory Committee	3/19 – 5/20
HAPI (Healthy Aging Population Initiative)	3/18– 5/20
Napa Valley Alliance on Aging	5/18 – 5/20
COAD (Community Organizations Active in Disaster)	9/18 - 5/20
Toastmasters (Communication & Leadership Training)	10/17-10/19