

Older Americans Month – May 2026

WHEREAS, since 1963, **Older Americans Month** is a dedicated national observance during the month of May devoted to celebrating seniors 65 years and older, their contributions, and raising awareness about issues related to age and aging; and

WHEREAS the 2026 **Older Americans Month** theme “Champion Your Health,” focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging; and

WHEREAS, Napa County is home to a growing number of seniors who contribute their time, wisdom and experience to our community; and

WHEREAS, older adults of varying abilities and backgrounds improve our communities through intergenerational relationships, community service, civic and social engagement, and countless other activities on a daily basis; and

WHEREAS, Napa County will continue its work to build an even better community by emphasizing the many positive aspects of aging, inspiring older adults to push past traditional boundaries, and embracing our community’s diversity.

NOW, THEREFORE, BE IT PROCLAIMED, that this Board of Supervisors, County of Napa, State of California, on does hereby recognize **May 2026** as **Older Americans Month** in Napa County, and in doing so we encourage members of our community, of all generations, to celebrate and pay tribute to the seniors who raised and guided us throughout our lives. Let us all contribute to the creation of an inclusive society and accept the challenge of flexible thinking around aging. And lastly, let us renew our commitment to prioritizing connectedness by giving our seniors the fullest attention, care, support, and respect they deserve.

Amber Manfree, Chair

Liz Alessio, Vice Chair

Joelle Gallagher, District 1

Anne Cottrell, District 3

Belia Ramos, District 5