

Application for Appointment to Board, Commission, Committee, Task Force or Position

Applicants appointed by the Board of Supervisors will be required to take an oath of office. All applications will be kept on file for one year from the date of application.

Public Records Act

Applications are public records that are subject to disclosure under the California Public Records Act. Information provided by the applicant is not regarded as confidential except for the addresses and phone numbers of references and the applicant's personal information including home and work addresses, phone numbers and email address.

Form 700 Conflict of Interest Code

[California Fair Political Practices Website](#)

Please note that appointees may be required by state law and county conflict of interest code to file financial disclosure statements.

Which Boards would you like to apply for?

Napa County Behavioral Health Board: Submitted

Category of Membership for Which You Are Applying

Consumer/Family Member

Profile

Gladys

First Name

V

Middle
Initial

Lopez

Last Name

Email Address

Home Address

Suite or Apt

Napa

City

CA

State

94558

Postal Code

Which supervisorial district do you reside in? *

District 4

To find your supervisorial district go to <https://www.countyofnapa.org/1334/About-the-Board>, click on "Look Up My District" and enter your address.

Primary Phone

Gladys V Lopez

Napa Valley College Student

Employer

Advocate

Job Title

Advocate

Occupation

Education/Experience

My educational experience in sociology with an emphasis on law and society provides me with the classroom and work experience in sociological research in criminology, law, society. In addition, my educational experience in Chicanx and Latinx has provided me the specific knowledge of psychology, immigration, and intimate partner violence, as this gives me the ability to conceptualize future needs and solutions by identifying problems, imagining solutions, assessing, identifying resources, gathering information, solving problems and setting goals, extracting information, defining needs, developing evaluations, creating spreadsheets and databases and calculating results for data purposes.

Name and occupation of spouse within the last 12 months, if married. (For conflict of interest purposes)

N/A

Resume

[Gladys Lopez Resume updated 4 2026-2.docx](#)

Upload a Resume

Letter of Recommendation or Supplemental Attachments

Professional or occupational license, date of issue, and expiration including status

N/A

References: Provide names and phone numbers of 3 individuals who are familiar with your background.

D	v Tennyson	Belinda Ruiz	-8928 Estella Gonzalez
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Community Participation

Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute.

I am seeking appointment to the Napa County Behavioral Health Board because I am deeply committed to improving mental health services and advancing equitable access to care within our community. My interest is both personal and professional, rooted in lived experience as a consumer of behavioral health services, a family member of individuals with mental health conditions, and as a former behavioral health advocate. Following a life changing traumatic brain injury sustained in an automobile accident, I experienced significant changes in my cognitive, emotional, and physical functioning. This life altering even required me to relearn how to navigate daily life, access services, and advocate for myself as an individual living with disabilities and cooccurring mental health conditions, including anxiety, depression. Through this journey, I gained firsthand insight into the gaps, barriers, and strengths within our behavioral health system. In addition to my personal experience, I bring a strong background in community advocacy. I previously worked as a Behavioral Health Family Advocate within a wraparound services model, where I supported families involved in the juvenile and adult justice systems, education systems, and social services. In this role, I helped parents understand their rights, connected families to critical community resources, and advocated for youth facing school disciplinary action related to mental health conditions. I also supported families navigating special education services and worked to ensure their voices were heard in systems that can often feel overwhelming and inaccessible. As a Mexican American woman, I am particularly passionate about addressing disparities in mental health care within Latino/a communities. Cultural stigma, language barriers, and lack of culturally responsive services continue to prevent many individuals from seeking and receiving the help destigmatize mental health, promoting culturally competent care, and ensuring that underrepresented and underserved populations have a voice in shaping behavioral health policies and programs. My perspective is further informed by my role as a family member of individuals living with complex mental health and substance use disorder, including bipolar disorder, major depression, anxiety, and substance use challenges. This has strengthened my my understanding of the importance of family centered care, early intervention, and integrated services. If appointed, I would contribute a compassionate informed, and community-centered perspective to the Board. I would advocate for policies and programs that prioritize accessibility, equity, and quality of care, while amplifying the voices of consumers and families. I am dedicated to supporting a behavioral health system that is inclusive, responsive, and capable of meeting the diverse needs of Napa County residents. It would be an honor to serve and to help advance meaningful improvements in behavioral health services for our community.

Nature of activity and community location

The Napa County Behavioral Board serves in an advisory capacity to support, evaluate, and improvise mental health and substance use services. the board advocates for consumers and families, promotes community awareness, and provides recommendations to ensure services are equitable, accessible, and culturally responsive. The Board serves residents of Napa County, including individuals and families affected by mental health and substance use challenges, with a focus on underserved and diverse populations across the community.

Other County Board/Commission/Committee on Which You Serve/Have Served

I have had the opportunity to serve on the Napa County Juvenile Justice Coordinating Council as a community advocate, where I contributed to collaborative efforts focused on improving outcomes for youth involved in the juvenile justice system. In this role, I represented the perspective and needs of the broader community, with particular attention to underserved populations and families navigating complex systems. My involvement included participating in cross-sector discussions with stakeholders from behavioral health, probation, and community-based organizations to address the root causes of juvenile justice involvement, including unmet mental health needs, trauma, and lack of access to supportive services. I advocated for prevention-focused approaches, early intervention, and the expansion of family-centered services. Additionally, I worked to ensure that the voices of youth and families were considered in decision-making processes, especially those impacted by behavioral health challenges, disabilities, and systemic inequalities. My advocacy emphasized the importance of rehabilitation over punishment, supporting alternatives to detention, and promoting programs that address mental health, substance use, and educational stability. Through this experience, I strengthened my ability to collaborate across systems, analyze community needs, and advocate for policies and programs that promote equity, accountability, and positive outcomes for youth and their families.

Public Actions that may impact Credit Rating (List all court or other public administration actions impacting your credit rating within the past ten (10) years)

N/A

Electronic Signature Agreement

I meet the criteria required to serve in this position.

Yes No

I declare under penalty of perjury that the foregoing is true and correct.

Yes No

Please Agree with the Following Statement

By checking the "I agree" box below, you agree and acknowledge that 1) your application will not be signed in the sense of a traditional paper document, 2) by signing in this alternate manner, you authorize your electronic signature to be valid and binding upon you to the same force and effect as a handwritten signature, and 3) you may still be required to provide a traditional signature at a later date.

I Agree

Electronic Signature (First M. Last)

Gladys V Lopez

Date

4/01/2026

Gladys V Lopez

Gladys Lopez

Napa, CA 94558

Professional Profile:

A highly competent, motivated, and enthusiastic Community At-Large Representative with experience of working with nonprofit organizations by helping underserved and vulnerable populations. Well organized and proactive in addressing the needs and providing timely, efficient and accurate support to underserved, vulnerable populations and work colleagues. Approachable, well presented, and able to establish good working relationships with a diverse group of individuals. Possessing a proven ability and combination of experience working and educational experience of sixteen years to generate innovative ideas and solutions to problems in order to help the vulnerable and traumatized populations.

Summary of Qualifications:

- I communicate effectively in English and Spanish by using skillful expression, transmission, and interpretation of the knowledge of sociology, Chicanx and Latinx methods of psychology and using ideas by speaking effectively, writing effectively, expressing new ideas, facilitating discussion, providing feedback, presenting information, describing feelings, interviewing.
- My educational experience in sociology with an emphasis on law and society provides me with the classroom and work experience in sociological research in criminology, law, society. In addition, my educational experience in Chicanx and Latinx has provided me the specific knowledge of psychology, immigration, and intimate partner violence, as this gives me the ability to conceptualize future needs and solutions by identifying problems, imagining solutions, assessing, identifying resources, gathering information, solving problems and setting goals, extracting information, defining needs, developing evaluations, creating spreadsheets and databases and calculating results for data purposes.
- My interpersonal knowledge and skills allow me to help resolve conflict, relating to and helping people by developing relationships, being sensitive, listening, conveying feelings, providing support, motivating, sharing credit, cooperating, delegating with respect, representing others, perceiving feelings, situations, in which there is cultural and gender sensitivity and equality.
- My ability to organize, manage and provide leadership is to guide individuals and groups in the completion of goals by initiating new ideas, handling details, coordinating tasks, managing groups, delegating responsibilities, teaching, coaching, promoting change, decision making with others, managing conflict and enforcing policies.
- The daily skills I possess are to assist in promoting effective production and work satisfaction by implementing decisions, cooperating, being punctual, managing time,

attending to details, meeting goals, enlisting help, accepting responsibility, setting and meeting deadlines, and making decisions.

Professional Experience:

ParentsCAN

2020-2024

Facilitatory Parent Project

- Parent Advocate
- Provided crisis intervention skills in changing destructive adolescent behavior
- Provided support in addressing truancy, drugs and alcohol, runaway, media, early teen sex, violence, gangs
- Provide emotional support to parents of high-risk adolescent
- Provide skills within the Step of Success (S.O.S)
- Provide trauma-informed interventions skills
- Provide skills for parents to effectively communicate with their adolescent
- Collaborating with Department of Juvenile Hall/Probation Department
- Data entry
- Intake specialist
- Maintained and established confidentiality with client and record system
- Attending agency meetings, training, outreach, and any other meetings as directed
- Bilingual- verbal translation, written translation in English and Spanish
- Working with vulnerable and traumatized populations, bi-cultural sensitive community and high-risk families.

ParentsCAN

2020 to 2024

Behavioral Health Family Advocate

- I provide emotional support to family members
- I was an active and collaborative team player in the process of wraparound services Through the Juvenile Justice System
- I provide support and assure that families accomplish the desired outcomes and are addressed with their family plan.
- I work collaboratively with Child and Family Behavioral Health Departments and other mental health providers
- I provide resource information, resources, and referrals to families
- I provide training through the Triple P Program, or technical assistance to families to enable them to access appropriate services for their child's needs.
- I help develop and maintain a working relationship with collaborative partners within the community which helps support the families.
- I help provide one-to-one support, information, and training to parents regarding parents' rights and responsibilities in the IEP process.
- I accompany parents to planned meetings and court hearings as appropriate

- I was able to represent the parents by voicing their concerns on county and community committees related to their youth/child's behavioral health needs through the Napa County Juvenile Justice Coordinating Council
- I provide all services in a strict confidentiality
- I attend available training as needed qualifications: Parent of a child with behavioral needs
- I have lived experience navigating the mental health system with a child
- I have an intimate understanding of the impact of disabilities on families
- I have the ability to work a flexible schedule
- I have the ability to work independently, as a team player
- Administrative writing skills
- Computer skills: Microsoft Word, Microsoft EXCEL, Microsoft Powerpoint, Microsoft OneNote, Email, Dropbox, Microsoft Office.
- Managing reports
- Intake specialist
- Analyzing information
- Data entry
- Provided crisis interventions
- Problem-solving skills
- Out-reach within the community of Napa
- Developing and maintaining a working relationship with the Criminal Justice System and Law Enforcement
- Collaborated with other agencies within the community of Napa; NVUSD, County of Napa, Puertas Abiertas, Mentis, On the Move, Parent University, COPE, Sheriff's Activity League, HOPE Center, NEWS, Napa County service system this includes mental health, Juvenile Probation, or Child Welfare services, CFT wraparound services
- Maintained and established a system to ensure accurate information and client file system
- Maintained and established confidentiality with client and record system
- Verbal Judo; on maintaining effective and professional communication skills within staff and clients
- Bilingual- verbal translation, written translation in English and Spanish
- Working under high-risk situations
- Working with underserved, culturally sensitive communities and high-risk families
- Bilingual, bicultural
- I have an intimate understanding of the impact of disabilities on families
- I have active listening skills, provide empathy, and critical thinking skills in order to help families, and provide peer-to-peer support.
- I have an understanding of services systems
- I have the ability to work a flexible schedule for the parent's convenience
- I have the capacity to assess families needs

- I have the ability to work independently as well as a team player
- I have familiarity with Napa community resources
- I have experience with parent/professional collaboration
- I have experience in research, data collection, create and maintain case files
- I have computer skills: word processing, internet, and email

ParentsCAN

2016 to 2018

Behavioral Health Parent Advocate

NEXUS WrapAround Program

- I was an active and collaborative team player in the process of wraparound services
- I provided support to families whose youth/ child at risk of out of home placement
- I was able to build rapport with families in order to gain an understanding of their needs and family dynamics by connecting with parents through my home visits, team meetings, and my telephone contacts.
- I attended weekly team meetings with case managers, probation officers, youth advocates in order to keep updated on family needs and situations.
- I worked collaboratively with the family and team members to develop and implement a family services plan in order to meet the needs of the family.
- I accompany parents to court hearings, educational meetings, or other meetings in order to help support parents as needed.
- I was able to provide the family with information regarding their child's disability, connecting parents with local resources within the community and I was able to make referrals to other services.
- I was able to represent the parents by voicing their concerns on county and community committees related to their youth/child's behavioral health needs.
- I was able to attend training, conferences/ seminars related to my role as a Parent Partner, and wraparound services in order to help support parents and their needs.
- I have lived experience navigating the mental health system with a child
- I have an intimate understanding of the impact of disabilities on families
- I have the ability to work a flexible schedule
- I have the ability to work independently, as a team player
- Administrative writing skills
- Computer skills: Microsoft Word, Microsoft EXCEL, Microsoft Powerpoint, Microsoft OneNote, Email, Dropbox, Microsoft Office.
- Managing reports
- Intake specialist
- Analyzing information
- Data entry
- Provided crisis interventions
- Problem-solving skills

- Out-reach within the community of Napa
- Developing and maintaining a working relationship with the Criminal Justice System and Law Enforcement
- Collaborated with other agencies within the community of Napa; NVUSD, County of Napa, Puertas Abiertas, Mentis, On the Move, Parent University, COPE, Sheriff's Activity League, HOPE Center, NEWS, Napa County service system this includes mental health, Juvenile Probation, or Child Welfare services, CFT wraparound services
- Maintained and established a system to ensure accurate information and client file system
- Maintained and established confidentiality with client and record system
- Verbal Judo; on maintaining effective and professional communication skills within staff and clients
- Bilingual- verbal translation, written translation in English and Spanish
- Working under high-risk situations
- Working with underserved, culturally sensitive communities and high-risk families

Napa Valley Unified School District
Human Resources Department
Administrative Assistant/Bilingual

2006 to 2009

- Front desk and office support
- Reporting Skills
- Managing Processes
- Name and address changes for NVUSD employees
- Analyzing Information
- Administrative Writing Skills,
- Fingerprint process information
- Classified Leadership Academy Clerical Support
- Verbal Communication from English to Spanish and vice versa
- Microsoft Office Skills
- Problem Solving
- Professionalism

Napa Valley Adult School
Administrative Assistant/ Bilingual Community Liaison

1999 to 2006

- Front desk and office support
- Outreach to Spanish speaking community regarding English classes
- Tutoring English as a Second Language parents
- Oral translation from English to Spanish and vice versa
- Schedule Interview for the English as a Second Language Coordinator
- Coordinator for the CBET child care program

- Made flyers to promote English as a Second Language Program
- Computer programs: Word, Windows XP, Lotus 123, Wordperfect, Excel, Powerpoint, Publisher
- Supply Management
- Inventory Control

Education:

El Camino Leadership Program	2026
SolanoConnex: Be Sensitive, Be Brave	2026
NAMI Solano Peer to Peer Certification	2025
Family Justice Center Alliance	2025
National Association of State Mental Health Program	2024
UC Davis Wraparound family studies	2023
National Training & Technical Assistance Center	2023
Certified Mental Health aide	2023
Family Development Credential Certificate of Completion	2021
Institute of Chicana/o Psychology Online: Exploration in Chicana/o/x Identity	2021
Institute of Chicana/o Psychology Online: Raza & Trauma	2021
Institute of Chicana/o Psychology Online: Decolonizing Mental Health	2021
The Center of Adolescent Studies, Inc Certificate of Completion in 4 Foundations for Helping Trauma-Impacted Youth Not Just Survive, But Thrive	2020

Project Leadership Certified Facilitator Family Voices of California	2020
Parent Project Senior Training Certified Facilitator Changing Destructive Adolescent Behavior	2020
California Department of Fair Employment & Housing Certificated of Completion Sexual Harassment Prevention	2020
The Center For Innovations and Resources, Inc. Certificate of completion Helping Everyone Every Time: Rising Connection	2020
Triple P Covid-19 Webinar Series Certificate of completion Evidence-Based Parenting Support in a Challenging World: Challenges, Opportunities, and Future Directions	2020
Triple P Practitioner Accredited Level 3 Standard Primary Care Standard Primary Care Teen	2020
Wilmington University Certificate of Completion Case Management/ Comprehension Support for Survivors of Human Trafficking	2020
Wilmington University Certificate of Completion Justice involved Human Trafficking Survivors; mitigating the collateral Consequences of Criminal Records	2020
Wilmington University Certificate of Completion Human Trafficking	2020
University of California Davis Bachelor's Degree in Letters and Social Science	2019

Bachelor of Art in Sociology with an emphasis in Law and Society
Minor in Chicana and Latina studies

Napa Valley College 2016
Associate of Science Administration of Justice
Associate of Science transfer Administration of Justice
Associate of Justice, Law Enforcement

Napa Valley College 2015
Certificate of Intersegmental General Education
Certificate of Administration of Justice, Juvenile Justice

Napa Valley Unified School District 2009
Classified Leadership Academy/Certificate

Napa Valley Adult School 2008
Computer Operations/Certificate

Napa Valley Adult School 2007
Certificate of Completion
Verbal Judo

Napa Valley Adult School 2006
Certificate of Completion
Business Administration

Napa Sheriff's Citizens Academy 2006

Mexican American Legal Defence and Educational Fund 2006
Certificate of Completion
Parent Leadership Academy

Community involvement/ Volunteer Work:

My Brain Injury Present
Bridging the Gap Present
National Association of Head Injury Administrators Present
Brain Injury of America Present
California Latinas for Reproductive Rights Present

St. Jude Brain Injury Network	Present
Disability United	Present
Napa County Committee on Disabilities	Present
Providence Adult Day Program	Present
Council of Parent Attorneys and Advocates, Inc., COPPA	Present
UC Davis Alumni Association	Present
Napa County Latinx Democratic Club	2022-2023
Napa County Juvenile Justice Coordinating Council	2020-2023
COAD Mental Health Committee	2022-2023
Vintage High School Parent Club	2018-2021
ParentCAN	2016-2018
Silverado Middle School Parent Club	2015-2016
Silverado Middle School ELAC President	2014-2015
McPherson Elementary DELAC President	2012-2015
McPherson Elementary Parent Advisory Committee	2012-2015
The McPherson Neighborhood Initiative	2012-2015

To Whom It May Concern:

It is a pleasure to recommend Gladys Lopez for the Napa County Behavioral Health Board.

I first met Gladys in 2014 when she was employee at ParentsCAN as a Parent Partner. ParentsCAN is a local non-profit Family Resource Center that provides information, resources and advocacy services to families who have children with special needs. As a Parent Partner, Gladys was primarily responsible for assisting children and teens with behavioral and mental health needs in accessing resources and services in, and outside, of the educational system. Working with minors with behavioral and mental health needs requires specialized skills and knowledge due to the complications and challenges that need to be considered when planning service coordination and implementation for a student. Gladys's knowledge with regards to mental health services was particularly valuable to the agency because she provided crisis intervention and assisted families in accessing wrap-around services through Napa County Mental Health such as the NEXUS program. She also understands the importance of communication and teamwork and has years of experience coordinating with various agencies to provide student centered wrap-around services to ensure that students' needs are successfully met. For example, she partnered with Napa Valley Unified School District personnel and with local non-profits to ensure families got connected to needed resources.

Gladys's friendly and caring personality were instrumental in providing outreach and support group meetings for parents who had children with behavioral and mental health needs. Gladys coordinated and facilitated Triple P parenting classes. Additionally, she facilitated Parent Project courses in partnership with Juvenile Probation. Her eager disposition to provide information to the community, particularly the Spanish speaking community, allowed the agency to expand its outreach efforts to the Latino community who, at the time, was underserved and in need of information in their language.

I have no doubt that Gladys is the ideal candidate for the Napa County Behavioral Health Board. She has dedicated her life and work to the services of individuals with mental health needs and is passionate about mental health issues. I have kept in touch with Gladys over the years, even after our careers took different paths. She is a woman who is committed to her work and cares deeply about her community. She is friendly and welcoming, and she has the skills and passion to be an effective Board member.

If you need additional information or should you have any questions, please feel free to contact me at _____ or by e-mail at _____

With Warmest regards,

Belinda Ruiz



Dear Ms. Cooper,

I am writing to strongly recommend Gladys Lopez as a graduate of the El Camino Leadership Program, a collaborative initiative of the Latino Leaders Round Table and the Napa County Hispanic Chamber of Commerce.

As part of the El Camino program, Gladys has demonstrated a clear commitment to personal growth, community leadership, and civic engagement. The program is designed to develop leaders who are prepared to step into boards, commissions, and decision-making spaces across Napa County, and Gladys has fully embraced that responsibility.

Through her participation, she has strengthened her leadership awareness, deepened her understanding of local systems and governance, and developed the practical tools necessary to contribute meaningfully to community leadership roles. She approaches this work with intention, professionalism, and a genuine commitment to serving others.

This letter also serves to formally certify that Gladys Lopez has successfully completed the El Camino Leadership Training. This program recognizes individuals who are prepared to engage in civic life, support community-driven solutions, and represent the diverse voices of Napa County.

The El Camino Leadership Program is proudly led by the Napa County Hispanic Chamber of Commerce and the Latino Leaders Round Table, and is recognized for advancing Latino leadership and civic participation. The program has also been certified by Senator Christopher Cabaldon, further underscoring its credibility and impact.

We are confident that Gladys will be a strong asset in any civic, advisory, or leadership capacity she chooses to pursue. She represents exactly the kind of thoughtful, community-centered leadership that Napa County needs.

Please feel free to reach out if you would like additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "ALC".

Alonso Corona | CEO
Napa County Hispanic Chamber of Commerce
alonso@napacountyhcc.com
707-815-1463

April 3, 2026

RE: Reference Letter

To Whom It May Concern,

I am writing this reference of recommendation on behalf of Gladys Lopez, whom I have known her for more than 20 years. Gladys demonstrates exceptional communications and leadership skills. Her dedication and advocacy has made a difference in my life and other families.

When my daughter started preschool, I reached out to her for advice on how to best support for my daughter who has a disability. She listened my concerns and reviewed my daughter's IEP (Individualized Education Plan) with detail and advised me what I could do. With her expertise and guidance, my daughter was eligible more services and was placed in an inclusive classroom.

I highly recommend her. Her strong work ethic makes a positive impact. If you have any questions regarding this letter, please feel free to contact me:

Blanca Delgado