

National Recovery Month - September 2024

WHEREAS, since 1989, the month of September has been recognized as National Recovery Month; setting aside designated time to promote the power of recovery for all people who have struggled with, or are currently facing, an addiction or mental health issue; and

WHEREAS, there are millions of Americans whose lives have been transformed through recovery, and whose accomplishments often go unrecognized. National Recovery Month intentionally celebrates the success, strength and courage that it takes to live in recovery, and highlights that recovery is possible; and

WHEREAS, National Recovery Month brings to light the ongoing need to increase awareness and foster a greater understanding about mental and substance use disorders, and this observance reinforces the positive message that behavioral health is part of overall health; and

WHEREAS, as part of Recovery Month, National Addiction Professionals Day will be celebrated on September 20 to honor the dedication of professionals who help make recovery in all of its forms possible. The evidence-based treatment and recovery services they deliver improve the health and well-being of Napa County's residents struggling with addiction; and

WHEREAS, Napa County continues to provide a safe and welcoming place for people to connect with treatment providers with the love and support of family, friends, and allies, who together, build a strong and proud recovery community.

NOW, THEREFORE, BE IT PROCLAIMED, that this Board of Supervisors, County of Napa, State of California, on this 10th day of September 2024, does hereby recognize **September 2024** as **National Recovery Month** in Napa County, and in doing so we encourage community members to contribute to our collective understanding that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover.

Joelle Gallagher, Chair

Ryan Gregory, District 2

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Belia Ramos, District 5

Anne Cottrell, Vice Chair

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