

## Suicide Prevention Month – September 2024

WHEREAS, the month of September is recognized as Suicide Prevention Month, a time in which mental health advocates, individuals, prevention organizations, survivors, allies and communities around the country unite to promote suicide prevention awareness; and

WHEREAS, the Napa County Suicide Prevention Council (NCSPC) is a public/private collaborative of people and organizations dedicated to reducing stigma surrounding suicide. The Council supports those who have lost loved ones to suicide, identifies and advocates for resources and promotes a safe, connected, and resilient community dedicated to reducing the risk of suicide; and

WHEREAS, in the last seven years, NCSPC has worked tirelessly to reach their vision of a suicide-free community through education, training, stigma reduction, linkage to services, and provision of resources to combat suicide; and

WHEREAS, is it important to understand the harsh reality that exists surrounding this crisis. From 2020-2022, the suicide rate in the state of California was 10.7 deaths per 100,000 population. Napa County's rate was 11.9 deaths per 100,000 population, placing Napa County higher than the state average; and

WHEREAS, from 2020-2022, in Napa County the age group with the highest suicide rate was 50-59 and across the state, the age group with the highest suicide rate was 85 years and older. In both Napa County and California, the race depicting the highest rate of suicide was Non-Hispanic White; and

WHEREAS, in FY 23-24, law enforcement personnel county-wide responded to over 320 calls related to suicide and the Napa County Health & Human Services Mobile Response Team (MRT) responded to 228 calls; and

WHEREAS, in FY 23-24, the NCSPC trained 768 community members in the Question, Persuade, Refer (QPR) model of suicide prevention; and

WHEREAS, in FY 23-24, the NCSPC published a 3-year Strategic Plan for Suicide Prevention which reflects the priorities, accomplishments, and needs in our county and outlines a comprehensive approach to suicide prevention in moving forward; and

WHEREAS, in partnership with Napa County Health and Human Services, the NCSPC organized and hosted the inaugural Suicide Prevention Conference, Hope Beyond Darkness: Uniting for Suicide Prevention; and

WHEREAS, every Napa County resident can be an ally by knowing the signs of suicide, finding the words to communicate with someone they are concerned about, and reaching out to local resources for help.

NOW, THEREFORE, BE IT PROCLAIMED, that this Board of Supervisors, County of Napa, State of California, on this 10<sup>th</sup> day of September 2024, does hereby recognize September 2024 as Suicide Prevention Month in Napa County, and in doing so, we urge all members of the community to play a role in suicide prevention and promote mental health and wellness as we strive toward reducing and ending suicide.

Joelle Gallagher, Chair

Anne Cottrell, Vice Chair

Ryan Gregory, District 2

Alfredo Pedroza, District 4

Belia Ramos, District 5



